

Maimonides Children's Hospital

Brooklyn's *Only* Pediatric Trauma Center

Safe Bath Time

Bath time can be fun for you and your baby, but to keep your baby safe, follow these tips:



- Always stay within arms reach of children in the bathtub.
- Have all necessary items with your before you place children in the bathtub. Children can drown in as little as 1 inch of water.



- Check water temperature before you place children in the tub. Water should be warm, not hot, and can be checked by dipping your elbow into the water.
- Your home's water heaters should be set below 120°F to prevent scalds.
- Make sure bathroom electrical appliances such as hair dryers are out of reach.





- Use soaps that are tear-free and don't have added perfumes or dyes.
- Never allow children to play with hard toys in the bath, and cover hard water spouts. Place a rubber mat in the tub to prevent slips. Slipping on hard toys or objects can cause serious injuries.
- Wrap babies in a towel as soon as you take them out of the bath so they do not lose too much body heat.
- Drain the water as soon as children are out of the bathtub, and keep bathroom doors closed.
- Learn infant and child CPR to be prepared in case of emergency.

For Injury Prevention Information
Call 718.283.2828 or email injuryprevention@maimonidesmed.org

Maimonides Medical Center

Maimonides Children's Hospital
718.283.7500