

Maimonides Children's Hospital

Brooklyn's *Only* Pediatric Trauma Center



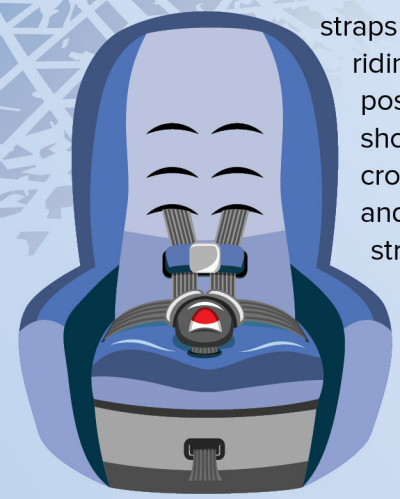
Car Seat Safety

SELECTION: Make sure you use the right seat for your child's age, weight, ***and*** height. Check car seat labels and manuals for proper use and expiration date.

DIRECTION: Children should stay rear-facing until at least the age of two. Keeping them rear-facing longer is safer for preventing neck and spinal cord injuries in the face of a crash.

INSTALLATION: Car seats should be installed ONLY in the back seat of the vehicle. Following manufacturer's instructions, install your car seat using either the seat belt ***or*** the lower anchors of the LATCH system. Ensure the car seat is at the correct angle, that you are using the correct belt path, and that the belt is properly locked. If using a forward-facing seat, connect the seat's top tether strap to the vehicle-approved anchor. Once installed, harnessed car seats should not move more than 1 inch side-to-side or front-to-back at the belt path.

HARNESSING: Buckle your child in correctly **every** time you drive! Ensure harness straps are not twisted and are snug enough that you cannot pinch any slack over the child's shoulders. When rear-facing, the top of the harness straps should be positioned at or below shoulder level. Children riding in a forward-facing harnessed seat should have straps positioned at or slightly above shoulder level. Chest clips should be placed at armpit level and both the chest clip and crotch buckle should be fully inserted and secure. Blankets and puffy coats should be placed OVER tightened harness straps. Do not use any additional products that did not come with the seat.



DID YOU KNOW? Certain car services have car seats available on request? Make sure your child rides safely on every trip!



To attend a free car seat education course at **Maimonides Medical Center,** please call **718.283.2828.**

For a schedule of free car seat inspection locations, please call **311** (Only within NYC) or visit **nyc.gov/events** (search "**car seat inspection**")

For more car seat information, visit **safercar.gov/carseat**

Contact an Injury Prevention Professional with questions about prevention strategies or programs for your community

718.283.2828 injuryprevention@maimonidesmed.org

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718.283.7500