



3rd Annual Maimonides Health

Maternal & Neonatal Morbidity Reduction Symposium

Rethinking the Familiar:
New Therapies for Perinatal Challenges

September 9, 2025: 9:00 am - 4:00 pm

Maimonides Medical Center
4802 Tenth Avenue
Administration Building
Schreiber Auditorium, 2nd floor
Brooklyn, NY 11219



Learning Objectives

At the conclusion of this activity, participants should be able to:

- Demonstrate enhanced knowledge and awareness of the latest evidence-based practices and research in maternal and neonatal morbidity reduction, focusing on improving health outcomes for mothers and newborns.
- Collaborate with interdisciplinary teams sharing insights and strategies to effectively reduce maternal and neonatal morbidity through a collective approach.
- Identify and implement strategies to address health disparities and promote equity in maternal and neonatal healthcare to improve care delivery and reduce morbidity rates.
- Apply innovative approaches and quality improvement initiatives to improve care delivery and reduce morbidity rates.

Program

Moderator

Sandra McCalla, MD
Vice Chair for Quality, Department of Obstetrics and Gynecology
RPC Co-Director, Maimonides Health

8:30 am - 9:20 am: Light Breakfast

9:20 am - 9:30 am

Introduction

Scott Chudnoff, MD, MSc, CPE, FACOG
Chair of Obstetrics & Gynecology and Women's Health, Maimonides Health
Professor of Obstetrics & Gynecology, SUNY Downstate Health Sciences University

9:30 am - 10:00 am

Opening Remarks

Keynote: Maternal and Neonatal Health: Sustaining Progress

Douglas Fish, MD
Deputy Commissioner, Primary Care and Health Systems Management, New York State Department of Health

10:00 am - 10:50 am

Prematurity for Life? Overview of the Long-Term Health and Adaptation of

Former Extremely Premature Infants in the Fourth Decade

Saroj Saigal, O.C., MBBS, DCH, MD (Ped), FRCP(C), FAAP
Professor of Emerita Pediatrics, McMaster University
Pediatrician, Neonatal-Follow up Program
Former Senior Scientist Career Award, 2000 - 2005
Co-Founder, Adults Born Preterm International Collaboration (APIC)

10:50 am - 11:25 am

Did We Make A Difference? Improving Neurodevelopmental and Neurological Outcomes in Neonatal Encephalopathy

Suman Ghosh, MD, MPA
Attending Pediatric Neurologist, Maimonides Medical Center
Visiting Associate Professor, Department of Neurology, SUNY Downstate College of Medicine
Pediatric Neurologist, Attending Physician, NYC HHC Kings County Hospital

11:25 am - 12:00 pm

Endometrium-Free Closure Technique: A Paradigm Shift in Uterine Closure Techniques

Clarel Antoine, MD, FACOG
Professor of Obstetrics and Gynecology, Division of Maternal-Fetal Medicine, New York University Grossman School of Medicine

12:00 pm - 12:35 pm

Placenta Accreta and Complex Obstetrical Surgery

Itamar Futterman, MD, FACOG
Director, Complex Obstetrical Surgery and Maternal Fetal Medicine Attending, Maimonides Medical Center

12:35 pm - 1:30 pm: Lunch and Poster Presentations in Saltzman Auditorium and Boardroom, 5th Floor

1:30 pm - 1:55 pm

Medicine 2025: The Best Of Times, The Worst Of Times

Howard Minkoff, MD
Chair Emeritus, Maimonides Medical Center and SUNY Downstate

1:55 pm - 2:30 pm

Continuous Glucose Monitor Use in Pregnancy: The Evidence and Practical Tips

Rodney McLaren, Jr., MD
Director of Ambulatory Maternal Specialty, Division of Maternal-Fetal Medicine, Maimonides Medical Center

2:30 pm - 2:50 pm

Spinning Babies: A Nonpharmacological Technique To Support Physiological Delivery

Rhea Williams, PhD, CNM, FACNM
Director of Professional Education and Development, Spinning Babies

2:50 pm - 3:20 pm: Coffee Break

3:00 pm - 3:45 pm

Perinatal Bereavement: Clinical and Psychosocial Approaches

Moderator

Sara Carlini, MD
Consultation Liaison Psychiatry
Director of Perinatal Psychiatry
Assistant Director, Adult Outpatient Services
Department of Psychiatry, Maimonides Health

Panelists

Mariya Narizhnaya, PSYD, PMH-C
Senior Psychologist; Co-director of Psychology Externship Training
Department of Psychiatry, Maimonides Health

Natasha Nurse-Clarke, PhD, RN, FAAN
Chairperson, Department of Nursing
Professor, RN-BS Program Director
School of Health Sciences, Human Services and Nursing, Herbert H. Lehman College

Lucas Bandinelli, Ph.D.
Assistant Professor in Residence
Department of Psychological Sciences, University of Connecticut (UConn) - Stamford

3:45 pm - 4:00 pm

Closing Remarks and Evaluations

Sandra McCalla, MD, FACOG
Vice Chair for Quality, Department of Obstetrics and Gynecology,
RPC Co-Director, Maimonides Health

Acknowledgements

We extend our sincere gratitude to the leadership and vision that have guided this initiative:

Alok Bhutada, MD, FAAP
Chief, Division of Newborn Medicine
RPC Co-Director, Maimonides Health

Sandra McCalla, MD, FACOG
Vice Chair for Quality, Department of Obstetrics and Gynecology
RPC Co-Director, Maimonides Health

Laiz Darwich, MD
Regional Perinatal Center Coordinator

We also wish to recognize Dr. Natasha Nurse-Clarke whose contributions as former RPC Coordinator helped lay the foundation for this important work.