

IN THIS ISSUE

FEATURED STORIES

- ◆ [Small Hearts, Big Breakthroughs](#)
- ◆ [Maimonides Celebrates 10 Years at the Forefront of Reducing Lung Cancer Mortality](#)
- ◆ [Comprehensive Limb Reconstruction for Children and Adults](#)
- ◆ [Maimonides Diabetes Education Center Uses Latest Techniques to Help Patients Manage Diabetes](#)
- ◆ [Joint Commission Commends Maimonides' Stroke Program](#)
- ◆ [Maimonides' 2024 Healthgrades Distinctions](#)

AROUND MAIMONIDES

- ◆ [Around Maimonides: November 2023](#)

OUR PROVIDERS

- ◆ [New Providers](#)

Maimo MedNews can also be viewed online at maimo.org/MedNews.

We welcome your feedback, please email marketing@maimonidesmed.org.



Small Hearts, Big Breakthroughs: Noninvasive Pediatric Cardiology Care

[Maimonides Children's Hospital](#) boasts the most extensive noninvasive [pediatric cardiology program](#) in Brooklyn. Our collaborative team comprises four full-time cardiologists and five full-time certified echocardiogram technologists. We provide 24/7 rapid response to handle urgent cardiac cases during critical moments after hours.

Our team manages a high patient volume, a factor that contributes to significant experience and proficiency in treating a wide range of pediatric cardiac anomalies in children. This experience has enabled us to achieve consistently high patient satisfaction ratings in recent years, a testament to our dedication to upholding the highest standards of care.

Pediatric Cardiology Services at Maimonides

Specializing in the comprehensive diagnosis and management of pediatric cardiac conditions, Maimonides often serves as the referral destination of choice among primary pediatric healthcare providers.

Our specialists are experts in diagnosing and managing all pediatric heart conditions, from prenatal development to childhood and adolescent years. Our pediatric cardiology team can diagnose congenital heart conditions in utero through advanced fetal echocardiogram techniques, usually through referral from an obstetrician.

cont'd next page

Patients We Treat

Our team regularly cares for children experiencing:

- Breathing problems
- Chest pain
- Fainting
- Heart murmur
- Heart palpitations
- High blood pressure

Some of the most common conditions we diagnose and manage include:

- Congenital heart defects, including holes in the heart, heart valve disorders, abnormal connections of arteries and abnormal heart chamber sizes
- Elevated blood pressure
- Heart murmurs
- Heart rhythm disorders such as supraventricular tachycardia and premature atrial and ventricular beats
- Kawasaki disease
- Myocarditis and pericarditis
- Hyperlipidemia

Diagnostic and Treatment Options We Offer

At the forefront of pediatric cardiac care, Maimonides offers many diagnostic and treatment options tailored specifically for young hearts. These services include:

- Ambulatory rhythm monitoring (Holter monitor)
- Electrocardiograms
- Event monitoring
- Exercise tests
- Fetal and pediatric echocardiograms

Fetal Echocardiograms

Maimonides specialists are proud to offer expert fetal echocardiography services for developing babies, typically performed around 20 weeks' gestation. With some conditions like heart rhythm problems, the baby may be able to receive treatment before birth. The team works with other specialty providers to coordinate ongoing care for babies and parents, including consulting neonatologists and obstetricians about whether or not the baby can be safely delivered locally.

Advanced Echocardiogram Accreditation

Adhering to rigorous protocols and strict guidelines, our team uses an echocardiogram as one of the main tools to diagnose heart conditions in children. Maimonides is home to the first lab in New York City accredited by the [Intersocietal Accreditation Commission \(IAC\)](#) for echocardiogram in 2006.

“To earn this accreditation, our staff has to prove that we’re following the highest standards of care, undergo periodic case documentation submissions and renew our accreditation every three years,” explains [Prema Ramaswamy, MD](#), Director of Pediatric Cardiology at Maimonides.

Why Choose Maimonides

Here at Maimonides, pediatric cardiac specialists have access to a wide range of specialty providers who help support children and their families with heart conditions. Depending on the specific needs, our multidisciplinary team can help coordinate care with various specialists, including ear, nose and throat (ENT), pediatric surgery, pediatric gastroenterology, nutritional support, child life services, and social work.

Wide Range of Provider Expertise

With the growth of our team comes the growth of our pediatric heart care services. Maimonides recently welcomed [Nicole Perry, MD](#), who specializes in fetal echocardiography and complex congenital heart lesions. Dr. Perry completed medical school at Drexel University in Philadelphia and her pediatric residency and pediatric cardiology fellowship at New York University.

Dr. Perry chose to join Maimonides because of the depth and breadth of pediatric healthcare that our passionate providers demonstrate. “During my training, I rotated through the Pediatric Cardiology service at Maimonides and I experienced firsthand how much my pediatric cardiology colleagues and the pediatric group of physicians love what they do,” she explains. “It’s a passion and a calling.”

She also says the ability of Maimonides staff members to work together toward the common goal of providing exceptional care is remarkable — and is the reason thousands of families trust Maimonides to care for their children’s complex heart conditions.


“Maimonides is one of the most diverse hospitals in the city and yet every physician, medical assistant, operator, and ancillary staff works together, seamlessly, for one purpose: to benefit the kids we treat,” says Dr. Perry

cont’d next page

FEATURED STORIES

Maimonides does not provide interventional procedures for pediatric cardiology patients, but care teams utilize their in-depth knowledge of each patient's individual condition to link them to the best care available. "If a patient requires a procedure, we work seamlessly to get them to the best care possible, help families navigate the healthcare system and ensure that no patient falls through the cracks," explains

Dr. Ramaswamy. "Post-procedure, patients return to our care for ongoing management and monitoring."

We're the only children's hospital in Brooklyn – and we're proud to provide [world-class pediatric cardiology care](#) close to home. Call (718) 283-7500 or use the [MaimoCare mobile app](#) to refer a patient to our care. 

FEATURED STORIES



Maimonides Celebrates 10 Years at the Forefront of Reducing Lung Cancer Mortality

This year, national Lung Cancer Awareness Month started off with the [announcement](#) of an updated recommendation for lung cancer screening from the American Cancer Society (ACS). ACS guidelines, last updated in 2013, previously recommended annual screening for people from age 55 to 74; a 30-plus pack-year history; and less than or up to 15 years since quitting. New guidelines have changed these respective parameters to 50 to 80 years of age; a 20-plus pack-year history; and no minimum on years since quitting. At Maimonides Cancer Center, our Lung Cancer Screening

Program is celebrating 10 years in service of our community. As part of Brooklyn's first full-service cancer center, our lung cancer specialists have been ahead of the curve since the program opened its doors in 2013. The program has already been following these updated guidelines for several years, as recommended by the [American College of Radiology](#) and United States Preventive Services Task Force for their potential to save thousands more lives nationally each year.

"Since opening, we've done over 5,000 low-dose CT scans for lung screening," said [Jason Shaw, MD](#), Director of the Maimonides Lung Cancer Screening Program and Director of General Thoracic Surgery at Maimonides Medical Center. "We've found over 70 lung cancers, with the majority of them in the early stage."

cont'd next page

Lack of Early Screening Drives Preventable High Lung Cancer Mortality Rates

Lung cancer is still the number-one cause of cancer-related death in the United States. With an average five-year survival rate of just [18%](#), it kills more people each year than breast cancer, prostate cancer, and colon cancer combined. When diagnosed in its early stages, however, lung cancer is highly treatable. For localized cases which have not yet metastasized, [survival rates are over 55%, but only about 16% of lung cancer patients are diagnosed at an early stage.](#)

The popularization of screening for breast cancer and colon cancer has saved many lives. According to the most recent data, roughly [70](#) to [75%](#) of eligible adults in the U.S. have been screened within the recommended timeline for these diseases, with consideration for individual level of risk. In contrast, [fewer than 10% of those eligible for annual lung cancer screenings have been screened in the past year.](#) despite the proven lifesaving benefits of this simple, noninvasive method.

“Waiting for symptoms to develop is not ideal, and unfortunately that is how the vast majority of patients present, and how we find out because they’re not feeling good,” said Dr. Shaw.

Screening Methods are Better Than Ever

Low-dose CT screening is a simple, noninvasive procedure that saves lives. In just the decade since the Maimonides Lung Cancer Screening Program started, these scans have become more sophisticated, and doctors have a better understanding of how to interpret the results, in terms of what to examine further and what is not concerning.

“In the same way that mammography has gotten better and better with years, the same thing is happening with using low-dose CT scans for lung screening,” said Dr. Shaw. “This is important because it allows doctors and caregivers to know when we need to take action or when we can reassure people that what we are seeing is not dangerous and we can observe it with caution.

“On the positive side, what that means for patients is less anxiety and more of a sense of security. Hopefully with these advances, more people will get these screenings and we’ll save more lives because it takes away a lot of the fear factor.”

Less Fear, Less Stigma Means More Lives Saved From Lung Cancer


What Maimonides clinicians want those at risk of lung cancer to know is this: while it’s a serious diagnosis to receive, it is not nearly as scary as it used to be. With many more treatment options available now than even a decade ago, and the availability of early screening, patients diagnosed with lung cancer are having better outcomes than ever before.

New treatments for lung cancer are constantly becoming available, and at Maimonides, our lung cancer teams are utilizing multidisciplinary approaches for lung cancers from early stage to advanced. Those include state-of-the-art minimally invasive and robotic surgery, focused radiation therapy, and newer therapies including immunotherapy and targeted therapies.

“Our goal is to turn lung cancer from what is right now - the biggest killer - into a disease you can live with for years,” said Dr. Shaw. “With these new treatments, we’re seeing longer-term survivors, and at times, many patients’ cancer effectively goes into remission.”

Patients who may put off screening due to fear of finding the disease, fear of judgment, or lack of medical insurance coverage can be assured that Maimonides oncologists deliver the most comprehensive care possible for every patient. As part of the first fully accredited cancer center in Brooklyn, our cancer specialists are some of New York’s top experts. The team has been caring for our community for years, with the goal of helping more people survive cancer, even in the most challenging areas of oncology.

“Effectively we are destigmatizing lung cancer, taking the fear out of it, taking away the stigma that it’s a self-inflicted disease, so people will get treatment they need so they can live longer and live better,” said Dr. Shaw. “Here in Brooklyn, we see people from all different ages and backgrounds with lung cancer, but what’s important to know is that people are living longer and better with their disease compared to 20 or even 10 years ago – much better, based on data across the country. Lung cancer mortality is going down.”

To schedule or refer a patient for lung cancer screening at Maimonides, call (718) 283-2059 or [sign up online](#). For our Rapid Assessment Service for patients with concerning imaging results or symptoms, call (718) 765-2752. 

Comprehensive Limb Reconstruction for Children and Adults

[Maimonides Bone & Joint Center](#) offers comprehensive limb reconstruction and lengthening treatment for adults and children. Whether care is needed for congenital conditions, post-traumatic, neoplastic, or degenerative conditions, our team treats all conditions ranging from common to complex. Additionally, we treat children and adolescents with spinal disorders and deformities..

[Amr Abdelgawad, MD](#), Director of Pediatric Orthopedic Surgery, and [Brian Page, MD](#), attending physician in the Department of Orthopedic Surgery and recent arrival to Maimonides, share details on how Maimonides is making a difference in the lives of so many with these conditions.

Conditions We Treat

Patients of all ages with conditions leading to limb length discrepancy and limb deformity receive comprehensive care at Maimonides. These conditions can include:

- **Congenital conditions:** Individuals with congenital health issues resulting in one limb being shorter or longer than the other. Examples of these conditions we commonly treat in both children and adults includes fibular hemimelia, congenital femoral deficiency, and hemihypertrophy.
- **Neoplastic conditions:** Individuals who have undergone reconstructive surgery following sarcoma treatment may experience growth-related problems.
- **Post-infectious issues:** Certain infections can lead to growth problems or other limb length complications, like bone defects.
- **Post-traumatic injury:** Our treatment covers individuals who have lost limb length or are experiencing arthritis or stability issues due to a traumatic injury. These patients may currently use shoe lifts or have a severe limp. Trauma victims often present complex injuries,

necessitating treatment that may involve correction of bone malrotation, misalignment, deformities, and limb length discrepancies as well as general reconstruction.

- **Degenerative conditions:** Arthritis can lead to deformity of the extremity. Correction of the deformity can decrease pain and avoid further progression of the arthritis.

While most orthopedists do not offer services for these issues, the Maimonides team provides comprehensive care.



In addition to surgical procedures, Maimonides Bone & Joint Center offers on-site services including X-rays and physical therapy.

Adult Conditions

According to Dr. Page, adult patients with limb length issues often get overlooked. The Maimonides team, however, is uniquely positioned with the expertise to make a difference for patients who may have been living with these conditions for years. We treat adults with limb length discrepancies, which often present with:

- Hip pain
- Knee pain
- Progression of arthritis

cont'd next page

Individualized Treatments, From Innovative to Tried & True Surgical Techniques

Today, there are multiple treatment options available for limb reconstruction. “The most common surgical procedures our team offers are osteotomy or osteoplasty with lengthening,” said Dr. Page. “With lengthening, the surgeon will determine if the patient needs internal or external fixation, and what type of internal and external fixation is needed to correct the issue.”

In the past, most limb lengthening and reconstruction was done using external devices. “Over the last decade, new technology uses magnet-controlled internal devices so the patient doesn’t need an external device,” explains Dr. Page. “For each procedure, the surgeon determines which fixation is best for that patient’s situation.”

The team also performs bone transport to grow new bone after bone loss due to trauma, disease, or infection.

Healing and Recovery After Surgery

The duration of recovery varies significantly. “One major factor is the extent of the reconstruction we’re performing,” explains Dr. Page. “There’s a substantial difference between 2 and 8 centimeter lengthening procedures.” Additionally, limb lengthening recovery in children can occur at a much faster rate compared to adults.

Once a person has undergone surgery for limb reconstruction, there are three phases:

- **Latency Phase:** For the first week after surgery, the bone rests.
- **Lengthening Phase:** The patient comes into the office every two weeks during the lengthening phase. How long this phase lasts depends on how much length they’re trying to achieve, the person’s age and other factors.

At each visit, the patient undergoes X-rays and the team checks how they’re healing. The team needs to ensure the patient isn’t developing complications, including in the nerves, muscles, tendons and blood vessels of the limb.

During this phase, the patient also typically sees a physical therapist two to three times a week.

“We have a physical therapist right in our department, so they work closely with the rest of the team to coordinate the patient’s care,” says Dr. Abdelgawad.

“The patient must do a lot of stretching so the team can hit their goal length. The patient should also complete daily stretching exercises at home, as prescribed by their physical therapist.”

- **Consolidation Phase:** This is when the patient has reached the desired length and the care team is focused on overseeing the healing process. The patient comes into the office every four weeks during this phase.

Brian Page, MD, Joins Maimonides with Specialized Limb Reconstruction Skills

During his training, Dr. Brian Page completed two fellowships, orthopaedic traumatology and limb lengthening and complex reconstruction, at the Hospital for Special Surgery (HSS). These fellowships provided comprehensive training in various aspects related to limb lengthening and limb reconstruction.

Our limb lengthening and limb reconstruction program takes pride in its strong training pedigree. In addition to Dr. Abdelgawad’s training at the International Center for Limb Lengthening in Baltimore, our surgical limb reconstruction team has received extensive training from two prominent centers in this field. With their diverse backgrounds, Drs. Page and Abdelgawad are equipped to provide the latest research-backed treatments to address limb-related issues in both children and adults.

Refer to Maimonides Limb Reconstruction

Maimonides is the only pediatric trauma hospital in Brooklyn – and we’re proud to provide world-class limb reconstruction services close to home for patients and families. For more information, visit [Maimonides Bone & Joint Center](#).

To refer a patient, please call 718-283-7400. 



Maimonides Diabetes Education Center Uses Latest Techniques to Help Patients Manage Diabetes

November is American Diabetes Month, a time to raise awareness about this chronic health condition that affects nearly [1 million New Yorkers](#), and when managed improperly, can lead to serious health complications and even death. Continuous monitoring and management, however, can make all the difference in patients' control of their disease. When it comes to diabetes care, patients' self-administered care is just as critical to their health as specialized clinical oversight from their doctor.

At [Maimonides Diabetes Education Center](#), dedicated Certified Diabetes Education and Care Specialists (CDCES) like Amy Huelle, MPH, RD, CDCES, and Jenna Del-Borrello, MS, RD, CDCES, are passionate about providing diabetes self-management education and support to patients. These specialists empower people with diabetes with the knowledge and skills to control their condition. This, along with ongoing support, improves quality of life and helps patients lower their risk of diabetes-related complications.

New Technology Means More Effective Diabetes Management

In recent years, new technologies have changed the way doctors and people with diabetes manage this challenging condition. Insulin pumps, continuous glucose monitors, and smart insulin pens simplify blood sugar surveillance

and allow for easier, more discreet insulin administration. New technologies are continuing to emerge, providing an array of options for improved glucose management and, as a result, improved quality of life. Huelle and Del-Borrello offer individualized support, assisting patients in choosing the best option for their condition and lifestyle.

In the past, people with diabetes manually checked their blood sugar at timed intervals throughout the day. Now, continuous glucose monitors (CGMs) automatically measure glucose levels in the fluid between the cells every few minutes throughout the day.

In addition to being less painful than administering a finger-stick blood test multiple times daily, CGM information can be shared easily with clinicians, enabling them to fine-tune diabetes medications and diet and more precisely identify problems. CGMs also provide blood sugars in real time, teaching patients how they respond to different foods, meals, and physical activity. Smartphone apps make it easy for patients to view this information, and even administer insulin right from their phones.

“Studies have shown that patients using CGM have improved time in range and improved quality of life,” Huelle said. “They’re discreet — instead of pulling out a blood sugar meter, and checking blood sugar at the table, patients can discreetly look at their blood sugar on their smart phone. Instead of going to the restroom to give an insulin shot, they can simply press a button on the pump or their smartphone to administer insulin. It is exciting to see access to CGM and insulin pumps continuously expanding, and we hope all persons with diabetes will have access soon.”

For insulin administration, pumps have been around for many years, but pumps with automated insulin delivery are a more recent development, and Maimonides' diabetes care teams are excited to offer the latest devices. They are worn on the body in addition to a CGM, and work together to adjust insulin by increasing, decreasing, or pausing insulin automatically every 5 minutes.

“Clinical trials have shown that with insulin pumps, time spent in normal blood sugar range improves, and the risk of life-threatening low blood sugars is reduced,” said Huelle.

cont'd next page

FEATURED STORIES

Smart pens are another option for patients who are not ready or do not wish to wear a pump, but still want benefits like fine-tuned, more precise insulin dosing with CGM glucose readings. These are much less expensive than pumps and a great way to prepare for a pump if not quite ready.

Virtual Diabetes Care Facilitates Patient and Care Provider Collaboration

The COVID-19 pandemic spurred wide adoption of telehealth in the U.S., and it remains more common now than it was pre-pandemic. While telehealth can be convenient for any patient, accommodations like these have been especially critical for those with diabetes.

“During the pandemic, I saw an 81-year-old diabetes patient via telehealth from my kitchen. I taught her how to upload her insulin pump from the comfort of her own home,” Huelle explained. “I would have never imagined this scenario, but times have changed and after almost 30 years in my career, I have fully embraced and loved being part of it.”


A significant change more recently is that data from pumps and CGMs can now be automatically accessed from the cloud and shared virtually between patients and doctors. Maimonides diabetes care and education specialists are proud to offer patients this level of convenience and improvement in quality of life, and value the ease with which this allows patients to make their health a priority.

Prioritizing Diabetes Care at Maimonides

Along with the mainstays of diabetes care like diet management and leading an active lifestyle, clinicians like Huelle and Del-Borrello know that teaching patients how to use their diabetes management tools leads to greatly improved outcomes.

“In addition to being the place to go for the best diabetes care in Brooklyn, we are growing our center into the best place to go to incorporate the best, most cutting-edge technological options into each patient’s diabetes management plan. For those young or old, those new to diabetes or who have had it for many years, we want everyone to have access to these critical services.”

Whether someone is newly diagnosed or has had diabetes for years, it’s always important for them to work closely with their endocrinologists and care team to avoid major health issues. While self-management can seem overwhelming at times, Maimonides CDCESs are dedicated to simplifying and demystifying diabetes to help patients achieve the highest quality of life possible.

Learn more about [Maimonides’ Division of Endocrinology and Diabetes Education Center here](#), or call (718) 283-8505 to schedule an appointment with an endocrine specialist or refer a patient. 

FEATURED STORIES

Joint Commission Commends Maimonides’ ‘World-Class’ Stroke Program

As part of Maimonides’ efforts to meet the unique and specialized needs of stroke patients, we successfully pursued recertification as a comprehensive stroke center by [The Joint Commission \(TJC\)](#), the largest standards-setting and accrediting body in healthcare. TJC evaluates healthcare organizations, issuing accreditation through an objective evaluation process that assists hospitals in measuring, assessing, and improving performance to provide safe, high-quality care for patients. This is Maimonides’ fourth recertification since our initial certification in 2017.

Biannual Survey Confirms Culture of Excellence Throughout Stroke Process

In early October, TJC conducted an in-depth, two-day survey of the [Jaffe Comprehensive Stroke Center](#), with a successful outcome. Two senior surveyors did an in-depth review of program structure, policies and protocols,

cont’d next page



FEATURED STORIES


performance, and documentation. They evaluated our patient care process, services, and educational efforts by touring and interviewing staff in the Stroke Unit, Emergency Department, Neurointerventional Surgery Department, Post-Anesthesia Care Unit, and Surgical Intensive Care Unit.

“The surveyors were extremely impressed by the level of our team expertise, collaboration, knowledge, skills and dedication to the culture of excellence in patient care,” said [Qingliang Tony Wang, MD, PhD](#), Vice Chair of Neurology, Cerebrovascular Service and Director of the Jaffe Comprehensive Stroke Center. “On the first day of the survey, they witnessed a stroke patient undergoing emergent clot retrieval surgery. The surgery had a remarkable clinical outcome with complete resolution of severe stroke symptoms.”

The TJC team complimented the Stroke Center’s stroke alert process, stroke education, and credentialing and certification processes. During the system tracer session, we showcased performance improvement initiatives, data analysis, and research ambitions. The surveyors, who have visited and evaluated nearly all comprehensive stroke centers in the country, concluded that Maimonides’ stroke program provides “world-class care from a world-class team.”

Dedicated to Providing the Highest Possible Quality of Care

This objective external evaluation underscores the importance and contribution of every member of our Stroke Center team. From physicians and surgeons to nursing and supporting staff, faculty and trainees, administrative professionals and quality leaders, our stroke team has had the opportunity to show their cohesion, expertise, and dedication to excellent patient outcomes.

The Jaffe Comprehensive Stroke Center at Maimonides provides a full range of care 24/7 for every type of stroke. For more information, visit maimo.org/stroke. For nonemergency appointments or to refer a patient, call (718) 283-7670. 

FEATURED STORIES



Maimonides’ 2024 Healthgrades Distinctions: Only Hospital in NYC to Receive America’s 100 Best Hospitals for Orthopedic Surgery Award 3 Years in a Row

In new research released by [Healthgrades](#), Maimonides Medical Center received numerous accolades, reflecting the hospital’s mission of high-quality care and commitment to its patients, and distinguishing it as one of the country’s leading hospitals. Healthgrades’ awards this year recognized hospitals nationwide for excellence in 16 key specialties across a mix of chronic, urgent, and surgical specialty areas at approximately 4,500 hospitals nationwide to identify the top performers.

Maimonides Medical Center was named one of America’s 100 Best Hospitals for [Orthopedic Surgery](#). It is the only hospital in New York City to receive the America’s 100 Best Hospitals for Orthopedic Surgery Award™ for 3 years in a row (2022-2024). Maimonides received an Orthopedic Surgery Excellence Award™, indicating that it is among the top 5% or 10% of hospitals for orthopedic surgery specialty care, for the third year in a row.

Maimonides was also named one of America's 100 Best Hospitals for [Prostate Surgeries](#).

cont'd next page



Five-Star Distinctions awarded to Maimonides in this most recent Healthgrades research include:

- Five-Star Distinction for [Defibrillator Procedures](#) for 2 years in a row (2023-2024)
- Five-Star Distinction for [Pacemaker Procedures](#) for 3 years in a row (2022-2024)
- Five-Star Distinction to [Total Knee Replacement](#) for 2 years in a row (2023-2024)
- Five-Star Distinction for [Hip Fracture Treatment](#) for 6 years in a row (2019-2024)
- Five-Star Distinction for [Prostate Removal Surgery](#) for 3 years in a row (2022-2024)
- Five-Star Distinction for Treatment of [Diabetic Hospitalizations](#) for 2 years in a row (2023-2024)

Healthgrades evaluates hospitals solely on clinical outcomes, including risk-adjusted mortality and complications, to give consumers the information they need to find a hospital that excels in providing the care they need.


From 2020-2022, for example, Healthgrades found that patients treated at hospitals among America's 100 Best for Orthopedic Surgery have, on average, a 45.2% lower risk of experiencing a complication than if treated in hospitals that did not receive the award. The 2024 Healthgrades analysis revealed that the variation in performance among hospitals continues to widen, making it increasingly important to seek care at top-rated programs.

“Healthgrades congratulates Maimonides Medical Center for being a national leader and demonstrating a deep commitment to providing high quality care to all patients,” said Brad Bowman, MD, Chief Medical Officer and Head of Data Science at Healthgrades. “As health systems nationwide endeavor to elevate the quality of care, these elite facilities provide a roadmap for success. We commend Maimonides Medical Center for their dedication to excellence in patient care.”


For more information on Healthgrades, visit [healthgrades.com](https://www.healthgrades.com). Learn more about how Healthgrades measures hospital quality and why it matters [here](#).

AROUND MAIMONIDES


Dr. Kishor Malavade Elected to United Hospital Fund Board of Directors

Maimonides doctor [Kishor Malavade, MD](#), was recently elected to the United Hospital Fund's Board of Directors. Dr. Malavade is vice chair of the Maimonides Department of Population Health and a practicing psychiatrist, and previously served as vice chair of psychiatry. A leader and expert in the fields of behavioral health and community care, Dr. Malavade has played key roles in several programs increasing mental health care access in New York City and Brooklyn. [Read more here.](#) 


Maimonides Designated EQIC Care Partner Hospital

Maimonides Medical Center has been designated a Care Partner Hospital by the Eastern US Quality Improvement Collaborative (EQIC) and HANYS. Care Partner Hospitals help patients appoint an appropriate person, such as a family member, friend, neighbor, or paid assistant to support them during and after their hospital stays. Out of 78 NY hospitals in the EQIC program, only three, including Maimonides, have achieved this distinction, highlighting our commitment to patient care, safety, and satisfaction. 


Maimonides Residents Earn First Place at NYACP Poster Competition

Internal medicine residents represented Maimonides at the New York Chapter of the American College of Physicians' Fall Annual Scientific Meeting. For the second time in a row, our Residents have brought home 1st place in the Poster Competition. Congrats to Omair Khan and Tejaswi Venigalla, who won 1st place and 3rd, respectively. [More information here.](#) 

Dr. Paulette Ginsburg Discusses Mental Health on NY1

On World Mental Health Day last month, [Paulette Ginsburg, MD](#), psychiatrist at Maimonides Medical Center, appeared on NY1 to talk about the prevalence of mental health issues and destigmatizing mental illness. Dr. Ginsburg advised viewers on strategies to maintain mental health on a daily basis, especially in response to stressful world events. [Watch the full video here.](#) 

Dr. Luis Riquelme Honored as Columbia Teachers College Distinguished Alumnus

[Luis Riquelme, PhD](#), Director of Speech-Language Pathology at Maimonides, was recently honored with the 2023 Teachers College, Columbia University Distinguished Alumni Award for his pioneering work in Medical Speech-Language Pathology, with a focus on culturally responsive care, reducing bias, and promoting best practices in healthcare. [Read more here.](#) 

NEW PROVIDERS

November 2023

Jason Cheng, MD; Trauma Surgery: (718) 283-7757

Samer Abou Rizk, MD; ENT, Surgery: (718) 283-6260

Aayushi Sardana, MD; OB/GYN: (718) 283-9044