MAIMO MEDNEWS IS THE PROVIDER E-NEWSLETTER OF MAIMONIDES HEALTH

IN THIS ISSUE

FEATURED STORIES

Maimonides Among the Top
 Hospitals Nationwide for
 Surgical Care, Cardiac Surgery,
 and Orthopedic Surgery

LUNG CANCER

Never Smoked?
 Lung Cancer is Still a Risk

MOVEMBER

 Get Healthy and Get Tested for Men's Health Month and Every Month

EVENT RECAP

◆ A Survivors Celebrate at Pink Runaway: "Cancer, You Can't Break My Soul!"

PROVIDER PROFILE: TWO ENTS

- Maimonides Welcomes Drs.
 Jana Ghulmiyyah and Prayag Patel
- New Providers

FEATURED PODCAST

Maimo MedTalk:

 It Ain't Easy Being Wheezy:

 An Overview of Pediatric Asthma

Maimo MedNews can also be viewed online at maimo.org/MedNews.

We welcome your feedback, please email <u>marketing@maimonidesmed.org</u>.

Maimonides Among the Top Hospitals Nationwide for Surgical Care, Cardiac Surgery, and Orthopedic Surgery



Maimonides has a long-standing reputation as a premier destination for healthcare in Brooklyn, continually investing in and exploring new treatments, innovations, and even better outcomes. These efforts haven't gone unnoticed. Healthgrades named Maimonides Medical Center as one of America's 50 Best Hospitals for Cardiac Surgery and Surgery for 2023.

Maimonides Medical Center is the only hospital in New York State to receive the 2023 America's 50 Best Hospitals for **Surgical Care** Award and the only hospital in New York City to rank among America's 100 Best Hospitals for Orthopedic Surgery for two years in a row (2022-2023).

These distinctions make Maimonides a clear leader in healthcare across the nation. Maimonides owes its repeated recognition to its brilliant healthcare workers, who develop and conduct groundbreaking research, collaborate to produce the best treatment protocols, and perform every possible task to get patients back on their feet.

The Results Are In

Here are the total results of the Healthgrades reports:

 America's 50 Best Hospitals for <u>Cardiac Surgery</u> Award for 3 years in a row (2021-2023)

FEATURED STORIES

- America's 100 Best Hospitals for Orthopedic Surgery Award for 2 years in a row (2022-2023)
- The Cardiac Surgery Excellence Award for 3 years in a row (2021-2023)
- Orthopedic Surgery Excellence Award for 2 years in a row (2022-2023)
- America's 50 Best Hospitals for Surgical Care Award in 2023
- Five-Star Distinctions in Valve Surgery, Defibrillator Procedures, Pacemaker Procedures, Total Knee Replacement, Hip Fracture Treatment, Prostate Removal Surgery and Treatment of Diabetic Emergencies



What does this mean for patients? There is a positive correlation between Healthgrades accolades and patient outcomes. According to data collected over the last two years, hospitals ranked in the top 100 for orthopedic surgery saw significantly lower risk of complications for patients — an average of 41.6% lower — compared to hospitals not placed in the top ranking. For cardiac patients, being treated at a hospital among the 50 Best Hospitals for Cardiac Surgery meant a 56% lower risk of death.

Maimonides proudly accepts recognition for clinical achievement care each year, but what drives our collective ambition and excellence is not awards but commitment to the patient community. Being part of the Maimonides team means being in a space where collaborative, practitioner-led innovation is key to success and delivering cutting-edge, lifesaving medical treatment.

After decades of serving the community and growing to respond to their needs, Maimonides is a longstanding monument to health care in Brooklyn. What makes this possible is the commitment of every staff member in creating an environment where health professionals thrive and are recognized not only for patient outcomes, but also for their ability to teach, learn, and make an impact on the global medical community.





Never Smoked? Lung Cancer is Still a Risk

Lung cancer is the **leading cause of cancer death** in the United States and the second-most common type of cancer overall, coming in behind only prostate cancer for men and breast cancer for women.

But while people know that most cases of lung cancer are caused by smoking, they might not know that up to 20 percent of lung cancer cases occur in people in people who have smoked either rarely or not at all.



The good news is that among lung cancer patients, nonsmokers can in general expect to recover more quickly than smokers do because their lungs are healthier.

Learn More

Get Healthy and Get Tested for Men's Health Month and Every Month

Men's Health Month is a great opportunity to take stock of your mental and physical health, center new habits around diet and exercise, and get screened for prostate cancer, the most treatable cancer among men – if caught early. But when caught too late, it could turn into metastatic disease.

A recent study from the University of Southern California showed that metastatic prostate cancer is on the rise while cancer screenings have been declining because prostate cancer screenings have been largely dropped from routine physicals. But with early detection, new technology, and less invasive effective treatments, risk of death and complications can all be minimized.

Learn More



EVENT RECAP







SURVIVORS CELEBRATE AT PINK RUNWAY:

"Cancer, You Can't Break My Soul!"

Although the rain drove Maimonides Health's 9th Annual Pink Runway Fashion Show from its usual outdoor setting at Maimonides Park, this year's group of inspiring breast cancer survivors shined extra brightly, walking the runway in celebration of life, loved ones, and the care teams who have made **fighting this disease** their life's work.

Learn More





Maimonides Welcomes Drs. Jana Ghulmiyyah and Prayag Patel

Meet the two newest faces of the otolaryngology specialty team at Maimonides!

Having joined the medical center in early October, Drs. Jana Ghulmiyyah and Prayag Patel and bring with them an expanded suite of innovative ENT, head, and neck surgery options for both adult and pediatric Maimonides patients, rounding out the team of incredible ENT and surgical specialists here at Maimonides.

Learn More

NEW PROVIDERS

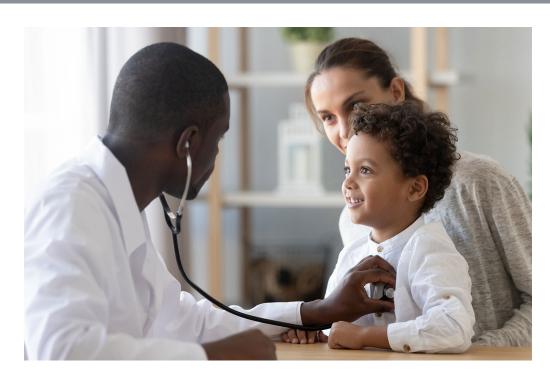
New Providers, November 2022

Jana Ghulmiyyah, MD, Pediatric Otolaryngology/ENT, 718-283-6260

Manol Jovani, MD, Gastroenterology, 718-283-5900

Odai Sinokrot, MD, Pulmonary & Critical Care Medicine, 718-283-8380

Mary Lee-Wong, MD, Allergy & Immunology, 718-283-2550 (Effective 11/11/22)



Featured Podcast



Maimo MedTalk: It Ain't Easy Being Wheezy: **An Overview of Pediatric Asthma**

Breathing isn't something most people think about but, for some, it doesn't come naturally. Knowing your child has asthma is the first step to dealing with it.

Dr. Michael Marcus discusses what to look out for and what to do about it.

Listen Here