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Maimo MedNews can also be viewed online at [maimo.org/MedNews](https://maimo.org/MedNews).

We welcome your feedback, please email [marketing@maimonidesmed.org](mailto:marketing@maimonidesmed.org).

## Introducing Maimonides Health

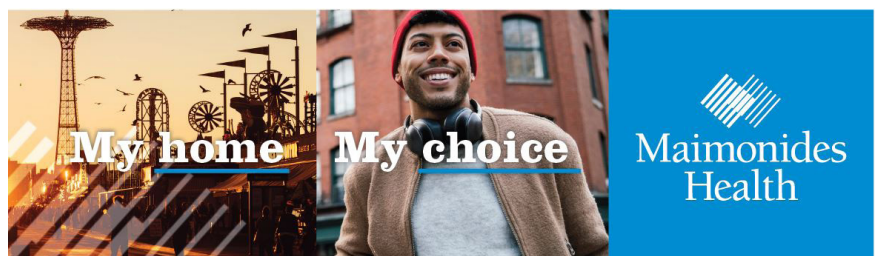


Maimonides Health is the new name of our Brooklyn-based health system, anchored by three hospitals - Maimonides Medical Center, Maimonides Children's Hospital, and Maimonides Midwood Community Hospital (formerly known as New York Community Hospital).

In partnership with 1,800 providers practicing at 80+ locations throughout the borough, Maimonides Health is uniquely committed to improving Brooklynites' access to exceptional quality care. Maimonides Health includes a wide range of outpatient services, virtual and remote care offerings, our own app, and cutting-edge population health programs.

"Maimonides is on a transformational journey, expanding and evolving our clinical programs in response to the diverse needs of Brooklyn's communities," says Dr. Robert Press, EVP, Medical Affairs. "Maimonides Health reflects our continued growth and commitment to improving access to care, from primary and pediatric emergency care to the most specialized and innovative treatments for cancer and cardiac issues."

Learn more at [Maimo.org](https://Maimo.org).



## PEDIATRICS

### Advanced Expertise in Pediatric Specialties



Maimonides Children's Hospital is Brooklyn's only Children's Hospital, with a specialized Pediatric Emergency Department and full range of pediatric specialties. Our expert pediatric specialists and surgeons see patients in our hospital and outpatient offices and are dedicated to delivering the highest level of compassionate, family-centered care in an environment designed just for kids.

- ◆ Brooklyn's only Pediatric Trauma Center
- ◆ An advanced Neonatal ICU & Regional Perinatal Center with capabilities to care for premature babies
- ◆ Brooklyn's only Pediatric Cancer Center that is a member of the Children's Oncology Group (COG)
- ◆ Brooklyn's largest Pediatric Intensive Care Unit
- ◆ Pediatric surgeons who provide services from prenatal consultations to complex laparoscopic surgeries
- ◆ A family-centered Travel Clinic with Adult & Pediatric Infectious Diseases specialists
- ◆ Pediatric Sleep Lab to aid in diagnosing and treating sleep disorders in infants and children



- ◆ Pediatric Cardiology Program accredited by IAC in both Pediatric and Fetal Echocardiography

Our Pediatric specialists are board-certified in more than 20 pediatric clinical areas, from newborn medicine and primary care to pediatric cardiology, pulmonology, surgery, cancer and more. A dedicated team of Child Life Specialists offer children, adolescents, and their families developmentally appropriate activities while in the hospital, education, and preparation for medical procedures, as well as emotional support while at Maimonides.

Pediatric Specialty care is available at

- ◆ **Maimonides Doctors Pediatric Specialists** - 6010 Bay Parkway, 9th Floor, between 60th & 61st streets. Private parking garage entrance is on 61st Street.
- ◆ **Maimonides Doctors Multispecialty Pavilion** - 4813 Ninth Avenue (near the main hospital). Entrance to underground private parking garage is located on 48th Street.

**To refer a patient or learn more, call 718.283.7500 or visit [maimo.org/children](https://maimo.org/children)**



## HEART & VASCULAR

### New Cardiothoracic Intensive Care Unit

Maimonides recently opened a brand new Cardiothoracic Intensive Care Unit (CTICU) to provide postoperative cardiac surgery patients with multidisciplinary critical care and monitoring in a patient-friendly, comfortable environment.

The new CTICU features 14 private beds with state-of-the-art equipment, monitors and therapies. Significant patient experience upgrades include the installation of in-room bathrooms, enhanced lighting, an attractive family and visitors lounge with comfortable seating and amenities, and an overall increase in square footage.

Maimonides Heart & Vascular Institute is a national leader in clinical excellence and innovation, with outstanding patient outcomes. We provide tertiary services to patients throughout Brooklyn.

- ◆ #1 in New York for heart attack survival<sup>1</sup>
- ◆ Perfect score from U.S. News & World Report for heart attack & heart failure care<sup>2</sup>
- ◆ Highest quality rating (3 stars) for Transcatheter Aortic Valve Replacement (TAVR) 30-day follow-up<sup>3</sup>
- ◆ Lowest vascular surgery complication rates in the Northeast<sup>4</sup>
- ◆ Gold Level Center of Excellence in Life Support Award for extracorporeal membrane oxygenation (ECMO) program, two years in a row<sup>5</sup>



- ◆ Healthgrades America's 50 Best Hospitals for cardiac surgery,<sup>TM</sup> Coronary Intervention Excellence Award<sup>TM</sup> for 8 Years in a Row, and Five Star Recipient for Coronary Bypass Surgery, Valve Surgery and Pacemaker Procedures.<sup>6</sup>

Maimonides' specialists are experts in all subspecialties of cardiology, and cardiothoracic and vascular surgery. Our surgeons and interventional cardiologists perform approximately 1,000 open heart surgeries and other procedures annually.

We offer advanced techniques for diagnosing and treating all types of cardiovascular disorders, including AFib ablation, angioplasty, aortic aneurysm repair, coronary artery bypass grafting (CABG), end-stage heart failure treatments, miniature pacemakers, minimally invasive valve replacement, heart-lung oxygenation therapy, pediatric heart conditions, and more.

**To refer a patient to the Heart & Vascular Institute, call 718.HRT.BEAT (718.478.2328) or visit [maimo.org/heart](https://maimo.org/heart).**

**To contact Cardiothoracic Surgery, call 718.283.7686.**

1. cms.gov, 2021

2. U.S. News & World Report, 2021

3. Society of Thoracic Surgeons/American College of Cardiology, TVT Registry Public, 2021

4. Vascular Quality Initiative, 2021

5. Extracorporeal Life Support Organization (ELSO), 2020-2021

6. Healthgrades, 2022

### Maimonides Midwood Community Hospital – Expanding Programs to Better Serve Patients

Since first affiliating with Maimonides Medical Center in 2018 - and formally joining the organization in 2021 - Maimonides Midwood Community Hospital (formerly known as New York Community Hospital) has expanded programs and services to better meet the needs of area residents. In addition to offering on-site consultations with Maimonides' specialists in clinical areas that include orthopedic surgery, cardiology and vascular surgery, the Emergency Department at Maimonides Midwood Community Hospital (MMCH) now offers board-certified emergency room physicians with telehealth capabilities, advanced diagnostics and easy access to newly introduced Interventional Radiology services on-site. Later this year, MMCH will open a new 17-suite Infusion Center on Kings Highway with on-site lab and pharmacy, and plans are also underway to bring MRI and cardiac cath lab on-site within the next year.



**Maimonides Midwood  
Community Hospital**  
[maimo.org/mmch](http://maimo.org/mmch)  
Tel: 718.692.5300

## GASTROENTEROLOGY

### Easy Access to Endoscopy Services



Maimonides Medical Center Division of Gastroenterology has launched a new Open Access Endoscopy Program (OAEP) that expedites appointments for healthy patients who need endoscopic procedures for screening or surveillance.

With one phone call, patients who meet the criteria can be immediately scheduled for endoscopies at Maimonides' Ambulatory Surgery Unit and provided with preparation instructions.

#### PATIENTS ELIGIBLE FOR OAEP

1. Are healthy or have stable chronic

illnesses (e.g., well-controlled HTN or well controlled DM)

2. Do not have advanced cardiac, lung, or kidney disease
3. Are under 80 years old
4. Are comfortable being referred for endoscopy without first seeing a gastroenterologist

#### COMMON INDICATIONS

1. Screening colonoscopy in average and high-risk individuals
2. Surveillance colonoscopy in patients with a prior history of colon polyps

3. Diagnostic colonoscopy following an abnormal hemoccult, FIT, Cologuard, or Virtual Colonoscopy result
4. Surveillance of known Barrett's esophagus
5. Repeat upper endoscopy (EGD) to document stomach (not duodenal) ulcer healing

Our male and female providers include individuals fluent in Chinese, Hebrew and Russian, with translation services available for other languages.

**To refer a patient or for  
more information call  
718.283.5900  
Monday – Friday, 9:00am  
to 5:00pm. Referrals can  
be faxed to 718.635.6952.**



## NEUROSCIENCES

### Brooklyn's Only NPH/ Gait Clinic

Normal Pressure Hydrocephalus (NPH) is a rare condition caused by the buildup of cerebrospinal fluid (CSF) in the brain. Fluid cannot properly drain and be absorbed, affecting brain function.

Maimonides offers the only specialized NPH/Gait Clinic in Brooklyn. Our neurosurgeons and neurologists offer research-driven, technology-supported hydrocephalus care. Our team takes a multidisciplinary approach, coordinating neurologists, neurosurgeons, and physical therapists who can diagnose, treat, and resolve problems related to NPH. Patients diagnosed and treated in the early stages of NPH have a strong chance of recovery.

NPH symptoms can be similar to diseases such as Alzheimer's or Parkinson's, and are sometimes mistaken for signs of aging:

- ◆ Issues with walking/mobility (walking, balance, falling, tripping, shuffling)
- ◆ Problems with bladder control

- ◆ Memory loss, confusion, or mood changes (or other symptoms commonly associated with dementia)

After a review of symptoms and medical history, our specialists perform a physical exam and may order diagnostic tests, including imaging tests, cerebrospinal fluid tests, gait analysis (timed walking test), PT evaluation, and neuropsychological testing

Treatment may include surgery to drain the excess fluid – neurosurgeons will review each case and determine an individualized treatment plan, depending on the stage of NPH present.

**To refer a patient or more information, call 718.283.7470 or email [nph@maimonidesmed.org](mailto:nph@maimonidesmed.org)**



## ORTHOPEDICS

### Bone & Joint Center Earns Top Honor

Maimonides Bone & Joint Center - with two convenient locations - is the **only orthopedic center in NYC to earn Healthgrades' Orthopedic Surgery Excellence Award in 2022.**

We also earned a top score of Five-Stars for Hip Fracture Treatment for 4 years in a row. We offer comprehensive orthopedic and

rehabilitation services in multiple state-of-the-art facilities.

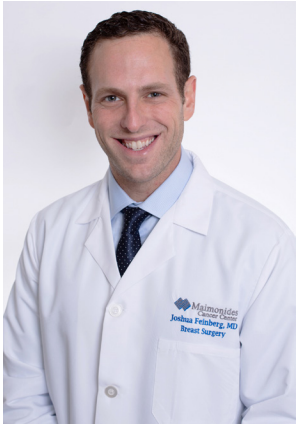
Our Orthopedic team includes board-certified surgeons, physician assistants, medical assistants, nurses, pain management providers, physical and occupational therapists, social workers, and discharge planners. Our centers feature on-site diagnostic technology and expertise in the most advanced non-surgical and minimally invasive treatments for the spectrum of musculoskeletal injuries and condition - including upper and lower extremities, spine, joints, hip and knee, trauma, pediatric orthopedics and more.

For patients requiring a knee or hip replacement, Maimonides is proud to be the first hospital in Brooklyn to perform joint replacement surgery using a robotic arm-assisted system. This pioneering, minimally invasive technology supports our surgeons in doing more precise surgeries with better outcomes and improved recovery time for our patients.

**Maimonides Bone & Joint Center has two practice locations (6010 Bay Parkway and 26 Court Street in Brooklyn Heights), with a third site opening later this year in central Brooklyn.**

**To refer a patient or for more information call 718.283.7400 or visit [maimo.org/ortho](https://maimo.org/ortho).**





## Breast Surgeon Joshua Feinberg, MD

One thing Joshua A. Feinberg, MD, breast surgeon at Maimonides Breast Center, wants people to know: A diagnosis of breast cancer is not the only reason to see a breast surgeon.

That might be a surprising statement from our newest breast cancer surgeon, but as Dr. Feinberg notes, one of the things that makes Maimonides Breast Center (Brooklyn's only Breast Center accredited by NAPBC) and Breast Imaging Center of Excellence exceptional is the way our clinicians embrace research and clinical innovation.

"I chose Maimonides because it is the perfect hybrid of an advanced academic medical center with a personal feel," says, Feinberg. "The opportunity to provide specialized care for our Brooklyn patients while training the next generation of physicians excites me."

During his general surgery residency at Maimonides Medical Center, he completed a research fellowship in evidence-based medicine and patient safety at Oxford University. He then went on to a Society of Surgical Oncology (SSO) breast surgical

oncology fellowship at NYU Langone before returning to Maimonides. His work has been published in several peer-reviewed journals, including The Lancet and Annals of Surgery.

In addition to those who are newly diagnosed, Feinberg sees those at an increased risk for developing breast cancer in the future. Through shared decision making, the patient and I can "shape a long-term surveillance plan customized specifically for the patient," he says.

He also sees individuals who have had recent biopsies that showed high-risk lesions. Historically, those were surgical cases but we now have long term data to support surveillance imaging as opposed to surgery for many of these lesions, as they do not all carry the same risk of breast cancer.

### Empowering patients with clinical trial opportunities

Maimonides provides access to clinical trials. "Patients often think that clinical trials are an option only for people with cancer that does not respond to standard treatments. But that's not the case,".

Ongoing trials at Maimonides include using molecular testing on tumors to tailor treatment and spare patients from toxic chemotherapy regimens used in past, Feinberg notes.

### State-of-the-art breast surgery

Feinberg integrates research findings into treatment. For example, surgeons often perform a sentinel lymph node biopsy or axillary lymph node dissection when removing breast cancer that has spread to the lymph nodes. That can lead to lymphedema, causing the patient's

arm to swell or become painful and increasing risk of infection.

Maimonides takes a more targeted approach, removing only the lymph nodes that contain cancer. There's strong evidence this is just as effective as a complete axillary dissection, Feinberg explains.

### Developments in genomics

The Maimonides Breast team stays current with innovations in genomics, where cancer tissue is tested to determine likely prognoses and predict how tumors may respond to treatment.

"Genomics have led to treatment de-escalation in all spaces of breast cancer management, thus sparing patients unnecessary toxicity," Feinberg says.

Maimonides is part of a registry trial that conducts tests on tumor biopsy specimens in patients with an early form of breast cancer known as ductal carcinoma in situ (DCIS). Results can determine which patients won't need radiation and which may benefit most from it. The results can guide subsequent treatment decisions, including the type of surgical procedure best suited for the patient, he notes.

### Looking ahead

From spearheading tailored treatments to conducting research—and connecting patients directly to cutting-edge clinical trials—Feinberg is involved in all aspects of breast cancer treatment at Maimonides.

**To refer a patient or for more information, call 718.283.2550 or visit [maimo.org/breastcenter](https://maimo.org/breastcenter).**

# WELCOME NEW SPECIALISTS

We are proud to welcome the following specialists to our Faculty Practice.

**Rachel Caiafa, MD**

Trauma Surgery, Surgical Critical Care  
718.283.7952

**Negar Niknam, MD**

Gastroenterology  
718.283.5900

**Eduard Rozner, MD**

Neurology, Epilepsy  
718.283.7470

**Donald Korkis, MD**

Obstetrics & Gynecology  
718.283.8930

**Samuel Parmar, DPM**

Podiatry  
718.283.7400

**Steven Sparr, MD**

Neurology  
718.283.7470

**Seth Lapin, DO**

Gastroenterology  
718.283.5900

**Kavitha Ram, MD**

Obstetrics & Gynecology,  
Maternal-Fetal Medicine  
718.283.7979

See all Maimonides providers in the 'Find a Doctor' directory at [maimo.org](https://maimo.org).

## EVENTS & PODCASTS

### Upcoming Events

May 2022						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

#### Thursday, May 19th

**CME: 2nd Annual Brooklyn Stroke Symposium, 8:00 am - 5:00 pm**

- ◆ Hybrid virtual/in-person conference featuring nationally recognized stroke experts
- ◆ Learn more & register at [maimo.org/BrooklynStroke2022](https://maimo.org/BrooklynStroke2022)

### Featured Podcast



#### Irritable Bowel Syndrome: The Good, The Bad, and Everything In-Between



Dr. Linda Lee, Director, Gastroenterology

[maimo.org/irritable-bowel-syndrome-the-good-the-bad-and-everything-in-between/](https://maimo.org/irritable-bowel-syndrome-the-good-the-bad-and-everything-in-between/)